



C3

POWERED BY



the
spa
menu



explore
your wellness
feeling



CHRISSI AMOUDIA
HOTEL & BUNGALOWS





explore your wellness feeling

FACIAL TREATMENTS

Aloe Vera After sun (aloe vera, avocado oil) 50'

After a glorious day under the sun, enjoy this soothing treatment that also combats the signs of stress and fatigue with the power of Aloe Vera and Avocado oil.

Retail product: Aloe Vera 24H cream

Hydration with Hyaluronic acid 50'

An intensive re-hydration facial therapy for dry and dehydrated skin. True source of hydration and rejuvenation that will nourish your face using the essence of active hyaluronic acid.

Retail product: Collagen beauty mask/ Sunscreen face cream SPF50

Beauty in Fusion (vitamin A, E, F) 50'

An "infusion of beauty" made to measure all ages and needs. Choose amongst your elixir of 30 for vitality and luminosity, 40 for firmness and regeneration or 50 for density and nutrition.

Retail product: Intensive Caviar night cream

Balancing Treatment (green clay, lime extract) 30' 50'

An excellent treatment to balance the skin's pH and reduce oil secretion. It can also be performed on teenage skin.

Retail product: 3D Hyaluronic serum

Vitamin C facial treatment (vitamin C, orange extract) 50'

This advanced treatment works to inhibit the action of glycation, one of the main causes of skin aging and is based on stabilized form of Vitamin C combined with Orange Extract.

Retail product: Vitactiride 24h cream

BODY WRAPS

Mediterranean After Sun (aloe vera, panthenol) 30'

A refreshing and energizing wrap containing Aloe Vera and Panthenol which is deeply regenerating and ideal as an after sun treatment.

Retail product: Face+body relieving milk

Drainage latex mask (laminaria, kaolin) 30'

Firming body treatment with a lot of active ingredients that activate the constrictor cells. Detoxify and restructure the supporting tissues

Retail product: Firming cream

Hydra latex mask (talc) 30'

A latex mask which gives deep hydration and nutrition due to the talc. Moisturizing and wellness with the sense of ocean.

Retail product: Firming cream

BODY SCRUBS

Peach Softness (vitamin C, almond oil) 30'

A moisturizing and anti-oxidant exfoliant to leave the skin soft, clean and velvety following a relaxing aromatherapy protocol

Mediterranean Olive (olive oil, olive leaf extract, vitamin E) 30'

Inspired by the Mediterranean land. A therapy that is a true enjoyment due to the aromas and textures of olive.

Marine Exfoliation (pearl & olive leaf extract) 30'

A refreshing body scrub with pearl and olive leaf extract that nourish, soften the skin. Increases the effectiveness of following products.

Retail product: PDM Body peeling gel

MASSAGES

Foot massage (mint essential oil) 30'

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

Back, Neck and Shoulders (lavender essential oil) 30'

It reduces the stress and the strain on the back, neck and shoulders. The almond oil helps in the total muscle relaxation.

Heavenly Head Massage (organic oil, shampoo) 30'

A delightful scalp massage with a combination of 5 different oils which releases tension relief from migraines and also helps in hair strengthening.

Aromatherapy (mix of essential oils) 50'

Essential Oils, especially selected, combined with a rhythmic, relaxing massage technique that relieves tension, restores the senses and offers absolute tranquility.

Deep Tissue (jasmine essential oil) 50'

Deep massage with specific pressure techniques, massage and mobilization that relieve muscle tension and stress.

Spa for Children (chocolate-strawberry massage cream) 20'

The happiness reaches its maximum with a relaxing chocolate massage.

Prenatal (almond oil without essentials) 40'

A specialized massage for pregnancy, for your comfort and well-being. This inspirational therapy connects mother and child with the strength of contact.

SIGNATURE TREATMENTS

MELTING SENSATION - CANDLE MASSAGE 50'

Lay back and unwind while the delicately scented warm drops touch your skin and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. An outstanding, sacramental experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being

FIRMING SLIMMING & DETOXYFY TREATMENT 80'

A treatment that uses a complete range of professional cosmetics with active ingredients which activate the lipolysis process and restructures the supporting issues. The experts use the activity of hot and cold products to reduce excess weight. The mask of the treatment is deeply hydration, firming and detoxify.

Treatment can be used in full body or in specific areas on your choice.
Retail product: cryo active gel

COMBO PACKAGES

<1> Couple's offer 130'

- 2 Body Scrubs 30'
- 2 Body Wrap 30'
- 2 Full Body Massage 50'
- 2 Flash Facial Treatment 20'

<2> Body Experience 75'

- Body Scrub 15'
- Body Wrap 15'
- Full Body Massage 45'

<3> Men's Experience 140'

- Marine Exfoliation 30'
- Aloe Vera Wrap 30'
- Deep Tissue Massage 50'
- Balancing Facial Treatment 30'

<4> Relaxation Only 90'

- Foot Massage 30'
- Back Neck & Shoulders Massage 30'
- Heavenly Head Massage 30'

<5> 3 Day's Of Spa 190'

- Day 1 Body Scrub 30'
- Body Wrap 30'
- Day 2 Full Body Massage 50'
- Head Massage 30'
- Day 3 Facial Treatment 50'

<6> Free Choice Package

2 treatments of your choice {-15% in total}
3+ treatments of your choice {-20% in total}