



GOLDEN BEACH
BEACH HOTEL
★★★★

SPA ETIQUETTE

Spa operating hours

open daily from 10:00-19:00

We highly recommend that you book in advance to ensure you secure your preferred time and treatment.

Appointments & Check In

Please arrive 15 minutes prior to your treatment.

Prior to arrival

To experience the effectiveness and pleasure of your spa treatment, we highly recommend you that you have a light snack instead of a heavy meal before your appointment. Alcohol intake would also be of no use.

Preparation

We recommend that you leave all jewelry in the safe of your room. The spa will not be held responsible for valuables lost within the spa. For men – please shave prior to all facial treatments to ensure that maximum results are achieved.

COVID-19 POLICY

Pre-booking is essential.

Upon your arrival, we will provide you a Covid health Declaration to sign. Convenient appointment check-in has been designed to support social distancing. All team members have received advanced training and certification on enhanced hygiene and sanitation standards and protocols. In addition, they all always wear face masks. Additional time will be scheduled between each guest/service, to fully sanitize and disinfect all treatment spaces. (In case you become symptomatic before your visit to our spa, please call us to postpone your reservation.)

Cancellation Policy

Once the receipt for a therapy has been issued the Spa's company policy doesn't include refunds. Guests can change date and time or their preferred treatment.

After your treatment

We recommend that you do not sunbathe after aromatherapy treatment for a minimum of 3 hours.



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www.goldenhotels.gr/hotels/golden-beach/



GOLDEN
HOTELS & RESORTS

INSULA ALBA
BEACH HOTEL & SPA
★★★★

GOLDEN STAR
BEACH HOTEL
★★★★

GOLDEN BEACH
BEACH HOTEL
★★★★

AKASHA
BEACH HOTEL & SPA
★★★★

thespamenu

explore
your wellness
feeling



ENERGY



VACAY



JOY



ROMANCE



GOLDEN BEACH
BEACH HOTEL
★★★★

POWERED BY



HOTEL WELLNESS
SPA SERVICES



GOLDEN BEACH
BEACH HOTEL
★★★★



explore
your wellness
feeling

FACIAL TREATMENTS

Aloe Vera After sun (aloe vera, avocado oil) ☉

After a glorious day under the sun, enjoy this soothing treatment that also combats the signs of stress and fatigue with the power of Aloe Vera and Avocado oil.

☉ 50' / 65€

Retail product: Aloe Vera 24H cream

Hydration with Hyaluronic acid ☉ ☉

☉ 50' / 60€

An intensive re-hydration facial therapy for dry and dehydrated skin. True source of hydration and rejuvenation that will nourish your face using the essence of active hyaluronic acid.

Retail product: Collagen beauty mask/ Sunscreen face cream SPF50

Beauty in Fusion (vitamin A, E, F) ☉ ☉ ☉

☉ 50' / 65€

An "infusion of beauty" made to measure all ages and needs. Choose amongst your elixir of 30 for vitality and luminosity, 40 for firmness and regeneration or 50 for density and nutrition.

Retail product: Intensive Caviar night cream

Balancing Treatment (green clay, lime extract) ☉ ☉

☉ 30' / 45€ ☉ 50' / 65€

An excellent treatment to balance the skin's pH and reduce oil secretion. It can also be performed on teenage skin.

Retail product: 3D Hyaluronic serum

Vitamin C facial treatment (vitamin C, orange extract) ☉ ☉ ☉

☉ 50' / 75€

This advanced treatment works to inhibit the action of glycation, one of the main causes of skin aging and is based on stabilized form of Vitamin C combined with Orange Extract.

Retail product: Vitactiride 24h cream

BODY WRAPS

Mediterranean After Sun (aloe vera, panthenol) ☉

☉ 30' / 50€

A refreshing and energizing wrap containing Aloe Vera and Panthenol which is deeply regenerating and ideal as an after sun treatment.

Retail product: Face+body relieving milk

Drainage latex mask (laminaria, kaolin) ☉ ☉

☉ 30' / 55€

Firming body treatment with a lot of active ingredients that activate the constrictor cells. Detoxify and restructure the supporting tissues

Retail product: Firming cream

Hydra latex mask (talc) ☉

☉ 30' / 55€

A latex mask which gives deep hydration and nutrition due to the talc. Moisturizing and wellness with the sense of ocean.

Retail product: Firming cream

BODY SCRUBS

Peach Softness (vitamin C, almond oil) ☉ ☉

☉ 30' / 50€

A moisturizing and anti-oxidant exfoliant to leave the skin soft, clean and velvety following a relaxing aromatherapy protocol

Mediterranean Olive (olive oil, olive leaf extract, vitamin E) ☉

☉ 30' / 50€

Inspired by the Mediterranean land. A therapy that is a true enjoyment due to the aromas and textures of olive.

Marine Exfoliation (pearl & olive leaf extract) ☉ ☉

☉ 30' / 50€

A refreshing body scrub with pearl and olive leaf extract that nourish, soften the skin. Increases the effectiveness of following products.

Retail product: PDM Body peeling gel

MASSAGES

Foot massage (mint essential oil) ☉ ☉

☉ 30' / 45€

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

Back, Neck and Shoulders (lavender essential oil) ☉

☉ 30' / 50€

It reduces the stress and the strain on the back, neck and shoulders. The almond oil helps in the total muscle relaxation.

Heavenly Head Massage (organic oil, shampoo) ☉ ☉

☉ 30' / 45€

A delightful scalp massage with a combination of 5 different oils which releases tension relief from migraines and also helps in hair strengthening.

Aromatherapy (mix of essential oils) ☉ ☉

☉ 50' / 65€

Essential Oils, especially selected, combined with a rhythmic, relaxing massage technique that relieves tension, restores the senses and offers absolute tranquility.

Deep Tissue (jasmine essential oil) ☉ ☉

☉ 50' / 75€

Deep massage with specific pressure techniques, massage and mobilization that relieve muscle tension and stress.

Spa for Children (chocolate-strawberry massage cream) ☉

☉ 20' / 30€

The happiness reaches its maximum with a relaxing chocolate massage.

Prenatal (almond oil without essentials) ☉

☉ 40' / 60€

A specialized massage for pregnancy, for your comfort and well-being. This inspirational therapy connects mother and child with the strength of contact.

SIGNATURE TREATMENTS

MELTING SENSATION - CANDLE MASSAGE ☉ ☉

☉ 50' / 75€

Lay back and unwind while the delicately scented warm drops touch your skin and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. An outstanding, sacramental experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being

FIRMING SLIMMING & DETOXIFY TREATMENT ☉

☉ 80' / 110€

A treatment that uses a complete range of professional cosmetics with active ingredients which activate the lipolysis process and restructures the supporting issues. The experts use the activity of hot and cold products to reduce excess weight. The mask of the treatment is deeply hydration, firming and detoxify.

Treatment can be used in full body or in specific areas on your choice.

Retail product: cryo active gel

COMBO PACKAGES

<1> Couple's offer ☉ 130'

initial price: 190€ pp discount price: 150€ pp

-2 Body Scrubs	☉ 30'
-2 Body Wrap	☉ 30'
-2 Full Body Massage	☉ 50'
-2 Flash Facial Treatment	☉ 20'

<2> Body Experience ☉ 75'

initial price: 100€ discount price: 80€

- Body Scrub	☉ 15'
- Body Wrap	☉ 15'
- Full Body Massage	☉ 45'

<3> Men's Experience ☉ 140'

initial price: 220€ discount price: 175€

-Marine Exfoliation	☉ 30'
-Aloe Vera Wrap	☉ 30'
-Deep Tissue Massage	☉ 50'
-Balancing Facial Treatment	☉ 30'

<4> Relaxation Only ☉ 90'

initial price: 140€ discount price: 110€

- Foot Massage	☉ 30'
- Back Neck & Shoulders Massage	☉ 30'
- Heavenly Head Massage	☉ 30'

<5> 3 Day's Of Spa ☉ 190'

initial price: 275€ discount price: 220€

-Day 1	Body Scrub	☉ 30'
	Body Wrap	☉ 30'
-Day 2	Full Body Massage	☉ 50'
	Head Massage	☉ 30'
-Day 3	Facial Treatment	☉ 50'

<6> Free Choice Package

2 treatments of your choice {-15% in total}
3+ treatments of your choice {-20% in total}