

## SPA ETIQUETTE

### Spa operating hours

open daily from 10:00-19:00

We highly recommend that you book in advance to ensure you secure your preferred time and treatment.

### Appointments & Check In

Please arrive 15 minutes prior to your treatment.

### Prior to arrival

To experience the effectiveness and pleasure of your spa treatment, we highly recommend you that you have a light snack instead of a heavy meal before your appointment. Alcohol intake would also be of no use.

### Preparation

We recommend that you leave all jewelry in the safe of your room. The spa will not be held responsible for valuables lost within the spa. For men – please shave prior to all facial treatments to ensure that maximum results are achieved.

### COVID-19 POLICY

Pre-booking is essential.

Upon your arrival, we will provide you a Covid health Declaration to sign. Convenient appointment check-in has been designed to support social distancing. All team members have received advanced training and certification on enhanced hygiene and sanitation standards and protocols. In addition, they all always wear face masks. Additional time will be scheduled between each guest/service, to fully sanitize and disinfect all treatment spaces. (In case you become symptomatic before your visit to our spa, please call us to postpone your reservation.)

### Cancellation Policy

Once the receipt for a therapy has been issued the Spa's company policy doesn't include refunds. Guests can change date and time or their preferred treatment.

### After your treatment

We recommend that you do not sunbathe after aromatherapy treatment for a minimum of 3 hours.



the  
spa  
menu



explore  
your wellness  
feeling



RETHYMNO  
RESIDENCE

C 2

POWERED BY





ENERGY



VACAY



JOY




ROMANCE

explore your wellness feeling

## FACIAL TREATMENTS

### Aloe Vera After sun with Royal Jelly (aloe vera, royal jelly)

 50' / 60 €

After a glorious day under the sun, enjoy this soothing treatment that also combats the signs of stress and fatigue with the power of Aloe Vera and Royal Jelly.

Retail product: Royal J pro-resil cream

### Hydration with Wild Rose (wild rose)

 50' / 65€

An intensive re-hydration facial therapy for dry and dehydrated skin that will nourish your face using the essence of flowers and plants.

Retail product: T liftin supr definition cream / exfoliating scrub

### Beauty in Fusion (vitamin A, E, C)

 50' / 70 €

An "infusion of beauty" made to measure all ages and needs. Choose amongst your elixir of 30 for vitality and luminosity, 40 for firmness and hydration or 50 for density and nutrition.

Retail product: T SRNS intensive recovery cream 35+ / T SRNS pro 60+ EXT NOUR high deman

### Balancing Treatment (chamomile, fruit acids)

 30' / 40 €  50' / 65 €

An excellent treatment to balance the skin's pH and reduce oil secretion. It can also be performed on teenage skin.

Retail product: TC+ (A.G.E) inten multi-corr cream

### Vitamin C facial treatment (pure vitamin C, Ume extract)

 50' / 75€

This advanced treatment works to inhibit the action of glycation, one of the main causes of skin aging and is based on pure Vitamin C combined with Ume Extract (tonic).

Retail product: TC+ (A.G.E) inten multi-corr cream

\*Sun cream face cream SPF 50 for all the treatments.

## BODY WRAPS

### Mediterranean After Sun (aloe vera, panthenol)

 30' / 40 €

A refreshing and energizing wrap containing Aloe Vera and Panthenol which is deeply regenerating and ideal as an after-sun treatment.

Retail product: face & body relieving milk

### Silk Touch (silk protein)

 30' / 50 €

Envelop your skin with precious 'silk' and enjoy a luxurious massage that will hydrate and provide your skin with a satin appearance and a silky touch.

### Luxurious Gold (golden algae)

 30' / 50 €

Combined with an exquisite massage, this total body envelopment revitalizes the skin and leaves a subtle and gorgeous golden veil shimmer on the body

## BODY SCRUBS

### Peach Softness (vitamin C, almond oil)

 30' / 40 €

A moisturizing and antioxidant exfoliant to leave the skin soft, clean and velvety following a relaxing aromatherapy protocol.

### Mediterranean Olive (olive oil, olive leaf extract, vitamin E)

 30' / 40 €

Inspired by the Mediterranean land. A therapy that is a true enjoyment due to the aromas and textures of olive.

### Marine Exfoliation (pearl & olive leaf extract)

 30' / 40 €

A refreshing body scrub with pearl and olive leaf extract that nourish, soften the skin. Increases the effectiveness of following products.

Retail product: PDM body peeling gel

## MASSAGES

### Foot massage (mint essential oil)

 30' / 40 €

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

### Back, Neck and Shoulders (lavender essential oil)

 30' / 50 €

It reduces the stress and the strain on the back, neck and shoulders. The almond oil helps in the total muscle relaxation.

### Heavenly Head Massage (organic oil, shampoo)

 30' / 40 €

A delightful scalp massage with a combination of 5 different oils which releases tension relief from migraines and also helps in hair strengthening.

### Aromatherapy (mix of essential oils)

 50' / 65 €

Essential Oils, especially selected, combined with a rhythmic, relaxing massage technique that relieves tension, restores the senses and offers absolute tranquility.

### Deep Tissue (jasmine essential oil)

 50' / 75 €

Deep massage with specific pressure techniques, massage and mobilization that relieve muscle tension and stress.

### Spa for Children (chocolate-strawberry massage cream)

 20' / 25€

The happiness reaches its maximum with a relaxing chocolate massage.

### Prenatal (almond oil without essentials)

 40' / 50€

A specialized massage for pregnancy, for your comfort and well-being. This inspirational therapy connects mother and child with the strength of contact.

## SIGNATURE TREATMENTS

### MELTING SENSATION - CANDLE MASSAGE

 50' / 75 €

Lay back and unwind while the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. An outstanding, sacramental experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being

### FIRMING SLIMMING & DETOXIFY TREATMENT

 80' / 105€

A treatment that uses a complete range of professional cosmetics with active ingredients which activate the lipolysis process and restructures the supporting issues. The experts use the activity of hot and cold products to reduce excess weight. The mask of the treatment is deeply hydrating, firming and detoxifying. Treatment can be used in full body or in specific areas of your choice

Retail product: cryo active gel

## COMBO PACKAGES

### <1> Couple's offer 130'

initial price: 180€ pp discount price: 145€ pp

-2 Body Scrubs	 30'
-2 Body Wrap	 30'
-2 Full Body Massage	 50'
-2 Flash Facial Treatment	 20'



### <2> Body Experience 75'

initial price: 100€ discount price: 80€

- Body Scrub	 15'
- Body Wrap	 15'
- Full Body Massage	 45'



### <3> Men's Experience 140'

initial price: 195€ discount price: 155€

-Marine Exfoliation	 30'
-Aloe Vera Wrap	 30'
-Deep Tissue Massage	 50'
-Balancing Facial Treatment	 30'






### <4> Relaxation Only 90'

initial price: 130€ discount price: 105€

- Foot Massage	 30'
- Back Neck & Shoulders Massage	 30'
- Heavenly Head Massage	 30'

### <5> 3 Day's Of Spa 190'

initial price: 260€ discount price: 200€

-Day 1	Body Scrub	 30'
	Body Wrap	 30'
-Day 2	Full Body Massage	 50'
	Head Massage	 30'
-Day 3	Facial Treatment	 50'

### <6> Free Choice Package

2 treatments of your choice {-15% in total}  
3+ treatments of your choice {-20% in total}